

## Our Commitment to the Community

At Catholic Social Services of St. Clair County we believe life is sacred. We serve everyone regardless of race, creed or culture with equal respect for their dignity as a creation of God. We provide services for all with a preferential option for the poor. We promote just and equitable public policies for the common good. We ensure that everyone associated with this agency (employees, clients and volunteers) is treated with respect and dignity, have their legal and moral rights protected and are helped to reach and sustain a quality of life. As a result, we submit to the highest standards of accountability to assure the most responsible use of the human, financial and material resources entrusted to us. We dedicate ourselves to providing the highest quality service in an atmosphere of compassion and caring. We seek, form and participate in strategic partnerships to strengthen our services and the community.

### Agency President & CEO

Patrick L. Cogley, MA

### Medical/Psychological Consultants

John Mitchell, D.O.  
Rick James, Ph.D.

### Agency Controller

Karen Dech, CPA

### Agency Support Staff:

Belinda Barrett  
Kris Beerbower  
Sally Gallagher  
Lisa Seidel  
Margaret Wilson

### Board of Directors

Ray Foltz, *Chairperson*  
Karen Farr, *Vice-Chairperson*  
Yvonne Williams, *Secretary*  
John Needham, *Treasurer*

Barbara Britz  
Rev. Joseph Gagnon  
Lisa Geffros, M.D.  
Nigar Hussain, M.D.  
Ron Kaski  
Patricia Kean  
Patrick Mullins  
Lucretia Sterling

## Special Events and Fundraisers:

Grand Marshal's Bowling Cup Challenge on Saturday, March 6, 2010

The "Best Dessert Contest in St. Clair County", August 19, 2010

Catholic Social Services of St. Clair County is dedicated to providing the highest quality services and programs to enhance the quality of life, the health and well being of individuals, families and the community at-large. Aligned with the principals and values of Catholic Social Teaching, we believe that each person is created by God and thereby worthy of human dignity and respect. It is our belief that every life has value. Since 1947, Catholic Social Services of St. Clair County has provided the highest quality professional social work services. Our professional staff consists of highly educated and trained; licensed social workers and professional counselors.



# Catholic Social Services of St. Clair County, Inc.

## ANNUAL REPORT

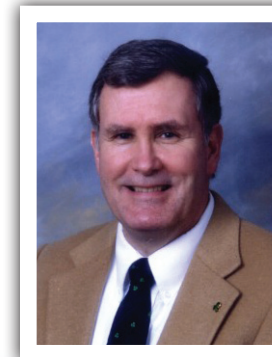
October 1, 2009 to September 30, 2010

A YEAR IN REVIEW, A MESSAGE FROM THE PRESIDENT AND CEO:

Catholic Social Services of St. Clair County, Inc., has served the residents of St. Clair County for over sixty years. We are proud of our ongoing commitment of providing the highest quality service to all of our clients regardless of age, race, religion, color, sex, disability, national origin or income. Social issues and problems affect many individuals and families and have a profound affect upon the quality of life in our community. We are grateful that we have earned the trust and respect of our community to help individuals and families deal with such problems. We adhere to the principles and values of Catholic Social Teaching, and as such, we believe that every person is created by God and thereby worthy of dignity and respect.

This past year Catholic Social Services was re-accredited by the Council of Accreditation for Families and Children, which means we meet or exceed nationally recognized standards for quality in all of our programs and business practices. The agency has maintained continuous accreditation status since 1983, when we were first accredited. We are also licensed by the State of Michigan to provide Substance Abuse Services. All of our professional staff are licensed by the State of Michigan Department of Community Health as Social Workers or Professional Counselors.

This report is generated to provide a brief financial report on the status of our previous fiscal year. The uncertainty of the current economic times impacts all of us. It also means that we will continue to be as financially responsible to meet the needs of our clients and our community. The success of CSS can only be accomplished by the hard work of our volunteer Board of Directors, who provide the leadership, and by the dedicated staff of CSS. We want to extend a grateful thanks to our funding sources, donors, and friends who support our mission and goals. Again we thank the community for your trust and faith in knowing that we will continue to "Help People Help Themselves."



*Patrick L. Cogley*

"Helping People Help Themselves"

Nationally Accredited by: Council on Accreditation



**Agency Description:** The Mission of Catholic Social Services is to preserve, strengthen, and support the quality of life for all families and individuals within our community.

Patrick L. Cogley, M.A., President & CEO

## Children and Youth Services

**Director:** Cynthia L. Willey-King, LMSW, ACSW

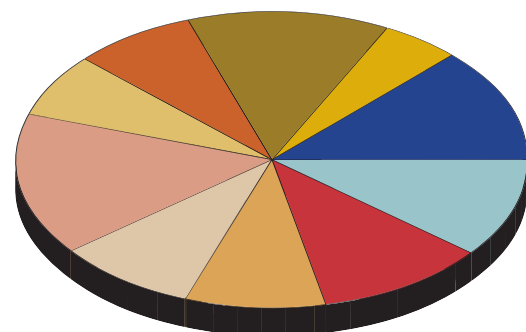
### Clinical Staff:

Sandra S. Burns, LMSW, ACSW  
Kimberly C. Hazel, LMSW, ACSW  
Stephanie Evans, LLMSW  
Gloria Klinesteker, LLMSW  
R. Timothy Shannon, MA, LPC, CAAC

### Outpatient Counseling Services:

477 children, youth and their families received services in the Children & Youth Services Department this year. Over 2,933 units of individual, play therapy, family and/or group services were provided.

### Primary Issues for Treatment:



### CYS Parenting Groups Conducted:

Six (6) Separate Sessions (8 weeks each) of Systematic Training for Effective Parenting (S.T.E.P.) Classes were held at our agency. Eighteen (18) parents participated in these groups and noted that they learned: "I have learned the four goals of misbehavior (attention, revenge, display of inadequacy and power) and how to identify them. I have also learned what to do when my child misbehaves and that is to discipline them (based on) the misbehavior." "How to work through the talk with kids." "Give choices." "I learned how to talk to my children." "Giving choices versus making demanding statements." "That children learn far faster when you give them choices than if you yell at them." "To be more calm and step back and think before I do anything." "To offer choices and discipline, not punishment and fear based results." "Use I-messages."

### Play Therapy:

We have two certified play therapists (The National Association for Play Therapy) here at CSS (one also has her Play Therapy Supervision certification); over 88 children received over 423 hours of play therapy in the Play Therapy Room.

### Pregnancy Counseling and Adoption Services:

We will continue to refer consumers who identify themselves as in need of such services to one of our sister CSS Agencies, and have also identified a local attorney who has agreed assist with legal services for adoption. **All Adoption and Pregnancy Counseling Records have been shipped to the Adoption Central Registry in Lansing, Michigan. We no longer provide searches.**

## Family Counseling Services /Older Adult Program

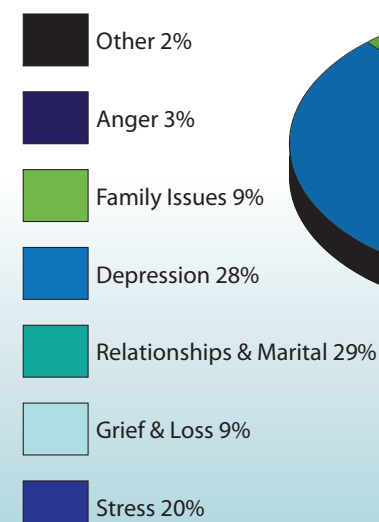
**Director:** Edward Cieslinski, LMSW, ACSW

### Clinical Staff:

Teresa Cieslinski, LMSW  
Camella Gild, LMSW, ACSW  
Laurie Goetze, LMSW, ACSW  
Danni Spresser, LMSW, ACSW  
Tanja Spencer, LMSW, ACSW, CAC-I  
Karlene Harbour, LMSW  
Elien Gaw

The Family Department provided 3,317 hours of service to 608 individuals. Ninety percent (90%) of post discharge survey respondents indicate continued progress six (6) months after treatment has ended.

The Older Adult Program provided counseling services to an additional 138 consumers who were seen both in our office and their homes as needed.



**Family Department**  
One Year Period  
Oct. 2009 through  
Sept. 2010

## Substance Abuse Services

### Director:

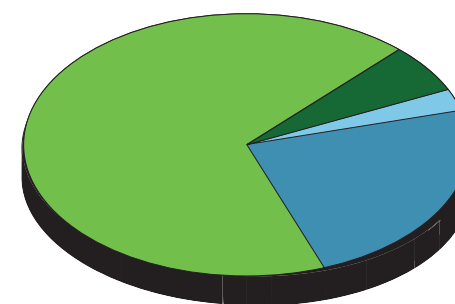
Laurie Fagan, LBSW, CCSM, CADC, CPC

### Clinical Staff:

Jolene Lepien-Doan, LMSW, CAADC  
Robert Dundas, MA, LBSW, CADC  
H. Kent Krueger, MA, LPC, CAADC  
R. Timothy Shannon, MA, LPC, CAADC, CSAT

### Support Staff:

Kristine Beerbower



## Outpatient Counseling Services

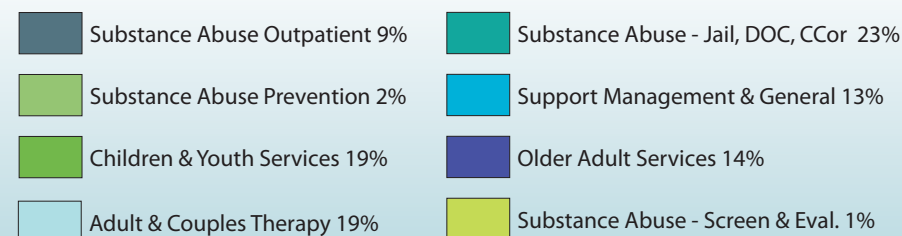
**Outpatient Counseling Services** provided 1,000 hours of group and individual service to 123 individuals.

**Jail Inmate Services** provided 414 direct service hours to over 2,363 individuals.

**Screenings and Evaluations** were provided to 175 individuals.

**Department of Corrections** provided services to 95 Individuals.

**Community Corrections** provided intensive outpatient services to 362 individuals.



## AGENCY FINANCIAL REPORT

Agency Controller(s): Karen Dech, CPA

### Revenues:

Program Service Fees:	
Client and/or Insurance Revenue	\$ 357,248
Service Contracts	\$ 647,227
Special Events:	\$ 15,197
Government Grants:	
Center for Substance Abuse Svcs.	\$ 50,021
Commission on Aging	\$ 83,134
Other Grants and Contributions:	
United Way of St. Clair County	\$ 94,349*
Donations	\$ 7,826
In-kind Donations	\$ 34,695
Corporate Support Programs	\$ 14,327
Income from Investments	\$ 165
Other	\$ 538
<b>Total Public Support and Revenues:</b>	<b>\$1,304,727</b>

### Expenses:

Counseling Services:	
Substance Abuse	\$ 444,040
Family	\$ 245,338
Children and Youth	\$ 239,004
Older Adult	\$ 183,533
<b>Total Program Expenses:</b>	<b>\$1,111,915</b>
Fund-Raising:	\$ 11,003
Supporting Serv.-Management & General	\$ 149,886
<b>Total Expenses:</b>	<b>\$1,272,804</b>

**Increase in Unrestricted Net Assets: \$ 31,923**  
**Unrestricted Net Assets, Beginning of Year \$440,836**  
**Unrestricted Net Assets, End of year \$472,759**

\*Temporarily restricted funds as required by grants.

